

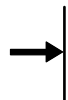
Create a yoghurt smoothie



Ten minutes



6



12



Six to twelve years



Ingredients

1

1



One small



banana,

1



ripe



pear

2

200

Two hundred



ml



apple juice

3

200

Two hundred



ml



natural yoghurt

4



One teaspoon



vanilla extract,



One tablespoon



runny



honey



Create a yoghurt smoothie



Utensils

1



Knife

2



Blender

3



Glasses

4



Peeler

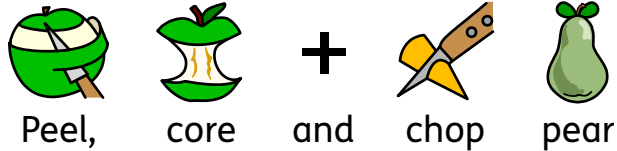


Create a yoghurt smoothie

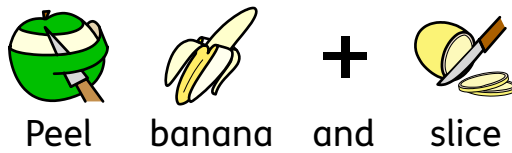


Recipe

1



2



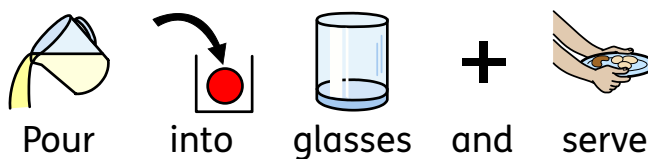
3



4



5





Create a yoghurt smoothie



Safety



warnings

1



Supervise



young children

2



Sharp knives

3



Be careful with



blender