

Fox Wood School's Daily Sensory Activity Challenge!

Every day I will be posting a different sensory activity you can try at home with everyday resources you are likely to have. Please post any photos or clips of you recreating the activities in different ways to keep us all smiling! 😊

Please note that this activity will not be suitable for all children/families/homes - parents and carers are asked to watch this clip first and then only use the ideas and/or share the clip with their children if they think it is safe to do so. We advise that all children are supervised whilst carrying out the activities to ensure their safety. All activities are carried out at your own risk.

Day 1 – Crash Pad

<https://www.facebook.com/FoxWoodSchool/videos/239915617143717/>

Day 2 - Cushions & Pillows!!!

<https://www.facebook.com/FoxWoodSchool/videos/220797629273959/>

Day 3 - The Hotdog

<https://www.facebook.com/FoxWoodSchool/videos/737538426827525/>

Day 4 - Tug Along

<https://www.facebook.com/FoxWoodSchool/videos/1865214347110617/>

Day 5 - Barefoot Walk

<https://www.facebook.com/FoxWoodSchool/videos/515772609367116/>

Day 6 - ▲ Den Building ▲

<https://www.facebook.com/FoxWoodSchool/videos/3934731203218549/>

Day 7 - Silly Feet

<https://www.facebook.com/729249967254767/posts/1416212578558499/?vh=e&d=n>

Day 8 – 😊 Wheelbarrows 😊

<https://www.facebook.com/729249967254767/posts/1417121075134316/?vh=e&d=n>

Day 9 - Parachutes

<https://www.facebook.com/729249967254767/posts/1417995358380221/?vh=e&d=n>

Day 10 - 🐾 Animal Walks 🐾 - Fox Wood School's Sensory Activity Challenge!

<https://www.facebook.com/729249967254767/posts/1418950288284728/?vh=e&d=n>

Day 11 - 😊 Table Hammocks 😊 - Fox Wood School's Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/580399959492904/>

Day 13 - 🎈 Balloon Volleyball 🎈 - Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/161466011742159/>

Day 15 - Secret Mission from the Easter Bunnies - 🐰 Easter Obstacle Course 🐰 - Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/504622676885550/>

Day 16- 🐘 Elephant Trunks 🐘 - Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/248274609696299/>

Day 18 - 📏 Chalk Attack! 📏 Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/223743055506524/>

Day 19 - 🍷 Bottle Run! 🍷 Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/599811460745615/>

Day 20 - 📏 Calming Simon Says 📏 Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/935405626890076/>

Day 22 - 🤖 Sensory Tunnel 🤖 Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/729249967254767/posts/1435606073285816/?vh=e&d=n>

Day 25- 🎨 Paint Walk 🎨 - Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/729249967254767/posts/1439754189537671/?vh=e&d=n>

Day 27 - 🎈 Balloon Splat 🎈 - Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/729249967254767/posts/1441389696040787/?vh=e&d=n>

Day 29 - 🕺 Just Dance Friday - 🕺 Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/729249967254767/posts/1443041385875618/?vh=e&d=n>

Day 30 - Roly Poly - Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/729249967254767/posts/1445525708960519/?vh=e&d=n>

Day 32 - Upside Down - Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/651459818763014/>

Day 35 - 🦶 Crawling on all 4's 🦶- Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/742362523174928/>

Day 37 - Rhythm! - Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/259090191954313/>

Day 40 - 🏹 Total Knock Down 🏹 - Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/628266531095330/>

Day 42 - ➡ Crocodiles - Outdoor Classroom Day ➡ - Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/662861877597155/>

Day 43 - Laser Quest - Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/539796170037319/>

Day 44 - 🛶 Paddling Pool Fun 🛶 - Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/381704932790268/>

Day 47 - 🏊 Trampoline Fun 🏊 - Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/3277370358947886/>

Day 49 - 🏊 Therapy Ball Fun ball 🏊 - Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/675812769866805/>

Day 50 - 🦶 Feet ball 🦶 - Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/1140929659576586/>

Day 53 - 🚗 Bumper Cars 🚗 - Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/259149062176682/>

Day 56 - 🎯 Ropetastic 🎯 - Fox Wood School's OT Sensory Activity Challenge!

<https://www.facebook.com/FoxWoodSchool/videos/259779165289141/>