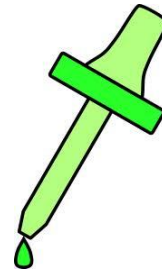


Pincer grip activities

Push pegs into Playdough to make a hedgehog. Decrease the diameter of the pegs.



Paint with an eye – dropper.
Release and count drops of water from eye dropper.



Pick up fragile items (eg breakfast cereal, mini marshmallows, crisps) without breaking or denting them.



Line dominoes on their end without them falling over.



Picking M& M's or raisins out of egg carton



Using tweezers and chop sticks, have the child place items (eg plastic flowers, glitter etc) in empty bottle, then fill the bottle with bottle and seal the top – you can always add drop of food colouring for extra effect.



Rotate an object on finger tips.

Hold a book or plate on extended finger tips, ask pupil to rotate the object on their fingertips.



Spinning tops



Threading nuts on / off bolts

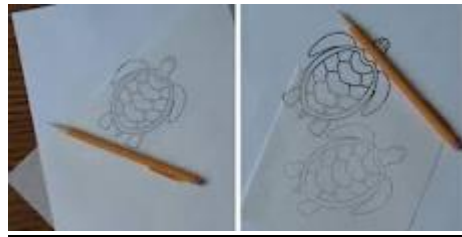


Hold two balls in one hand and attempt to rotate one ball around the others.

Roll small bouncy ball around the palm of hand



Tracing on tissue paper



Spinning a small rugby shaped ball on flat hands



Roll two balls of the play dough in separate hands



Roll two balls of the play dough in separate hands



Cup hands together and then roll two dice



This information has been prepared by **Newbridge Outreach Service**

You are welcome to share with others – please acknowledge where you obtained it from.

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