

FOX WOOD SCHOOL



PSHE POLICY

Headteacher: Lucinda Duffy
Fox Wood School
Woolston Learning Village
Holes Lane
Warrington
WA1 4LS
Tel: 01925 811534

Reviewed: JULY 2024
Review: JUNE 2027
Written By: Amy Roden

AIMS

Personal, social and health education (PSHE) give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens. Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning, health, social, personal and economic wellbeing. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. Pupils also find out about the main political and social institutions that affect their lives and about the responsibilities, rights and duties as individuals and members of the communities. They learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

CURRICULUM & PLANNING

Long term plans for PSHE follow the PSHE Association Framework for Pupils with SEND (key stages 1-4). Units are mapped across Key Stages 1-4 to ensure sufficient coverage of all topics as pupils progress through school. Learning objectives are informed by this framework and evidence is gathered using EfL. A dedicated Relationships, Sex and Relationships Education and Health Education Policy has been produced (see annex 1). KS 3 and 4 pupils also cover PSHE in ASDAN and personal progress accreditation.

PROVISION FOR FOUNDATION STAGE

Pupils will be taught to achieve the Early Learning Goals for personal, social and emotional development that include self-confidence and self-awareness, managing feelings and behaviour and making relationships. These will be taught as part of cross curriculum topics and themes and during structured practical learning opportunities such as feeding at lunchtimes, dressing during PE lessons and toileting breaks.

RESOURCES

The PSHE lead will purchase suitable resources to enhance the delivery of the subject. These will reflect differences in culture, religion, gender and ability in our community, as well as supporting the scheme of work. Resources are located in the resource cupboards (for specific topics) and in the resource cupboard in the primary department.

ICT PROVISION

Pupils will access some aspects of the PSHE Curriculum through ICT, for example, educational videos, internet research and computer programmes, as appropriate and under staff supervision. The PSHE curriculum encompasses internet safety and

the wider, more modern issue of cyber safety, phone safety, online safety and where to go for help.

CROSS CURRICULAR TEACHING

PSHE skills are taught throughout the school day through personalised IEP work, school council, citizenship days, sports, group work, lunch time, play/ break time and individual work. Progress is acknowledged and celebrated in a variety of ways including weekly assemblies, Evidence for Learning, ASDAN and Personal Progress.

PSHE is also taught within Personal Development lessons at Fox Wood School and it underpins other subjects taught within the curriculum, e.g. human reproduction in science, sharing and friendships in RE and family units from various cultures in geography.

PSHE sessions can be taught individually to pupils if required (for example, at parent request or as a result of an SEMH panel referral). It will be decided by the teacher/ SLT/SEMH panel if the session is needed to be conducted on a 1-1 basis.

Fox Wood embed the 'Keep Safe' programme of study to ensure pupils can safeguard themselves and others. The programme is six weeks long and will cover topics such as computer and internet safety, age ratings on computer games/ films, how it feels to hear arguing, looking after our mental health and our feelings, self-confidence, self-awareness, saying no, my body – my rules, secrets, inappropriate touching, communicating and where to get help. Keeping Safe will be re-visited annually during the Summer term and throughout the year as appropriate.

ASSESSMENT, RECORDING AND REPORTING

See Planning, Assessment, Recording and Reporting Policy.

PSHE assessment information is recorded half termly using B Squared.

Moderation of samples of PSHE work is carried out at moderation meetings during the academic year.

HEALTH & SAFETY

Staff will ensure that the delivery of PSHE and resources used to support this work comply with Health & Safety Regulations.

Any out of school activities will comply with the guidelines in the School Health, Safety and Welfare Policy.

WELL BEING

Staff will ensure that student wellbeing is addressed formally throughout the curriculum. There are curriculum themes at each key stage with a wellbeing focus. Staff use the SEMH panel to refer pupils who need additional input with their Social Emotional and Mental Health with the panel identify strategies, interventions and support – such as art therapy, pony therapy, music therapy.

Pupils attend assemblies, enrichment opportunities, letters home to parents. 'Ready to Learn' activities in the morning help to maintain pupils emotional wellbeing. Staff

are trained in bereavement counselling. Staff ensure that students engage in lessons and are motivated to participate and achieve. Office staff check on pupil absence and ensure there is always an explanation.

ANNEX 1 Curriculum Mapping PSHE / RSHE 2024-25 (by class)

CLASS	AUTUMN	SPRING	SUMMER
Fox Cubs EYFS			
Orange KS1	<p>RHSE: Knowing my Body: Body parts. Gender Life Skills: dressing and undressing</p> <p>PSHE: Managing Feelings- PSHE Association</p> <p>British values- Democracy and the rule of law- Remembrance Day, harvest, Christmas</p>	<p>RHSE: Knowing Me- likes and dislikes Life Skills: Cooking, kitchen safety, oven safety</p> <p>PSHE: The world I live in- PSHE association</p> <p>British values- Mutual respect- Easter, Chinese new year</p>	<p>RHSE: Private and Public: Where on my body is private Life Skills: Looking after self</p> <p>PSHE: Self Care, Support and safety- PSHE association</p> <p>British values- Individual liberty- Aiming high</p>
Yellow KS1	<p>PSHE – Changing & Growing CG4 – Different types of relationships</p> <p>RSE – Knowing my body Body parts Gender</p>	<p>PSHE – Changing & Growing CG1 – Baby to adult</p> <p>RSE – Knowing me Likes and dislikes Families Keepings safe online</p>	<p>PSHE – Self Awareness SA2 – Kind and unkind behaviours</p> <p>RSE – Private & Public Where on my body is private Private and public places</p>
Red KS1	<p>PSHE – Self Awareness SA1 – Things we are good at</p> <p>RSE – Knowing my body Body parts Gender</p>	<p>PSHE – Self-care, support & safety SSS1 – Taking care of ourselves</p> <p>RSE – Knowing me Likes and dislikes Families Keepings safe online</p>	<p>PSHE – Managing Feelings MF1 – Identifying & expressing feelings</p> <p>RSE – Private & Public Where on my body is private Private and public places</p>
Blue KS1	<p>PSHE – Managing Feelings MF1 – Identifying & expressing feelings</p> <p>RSE – Knowing my body Body parts Gender</p>	<p>PSHE – Changing & Growing CG1 – Baby to adult The world I live in TWIL11 Respecting differences between people</p> <p>RSE – Knowing me Likes and dislikes Families Keepings safe online</p>	<p>PSHE – Healthy Lifestyle HL2 – Taking care of physical health</p> <p>RSE – Private & Public Where on my body is private Private and public places</p>
Pink KS2	<p>PSHE – Self Awareness SA3 – Playing & working together</p> <p>RSE – Knowing my body Baby to adult Hygiene Changes at puberty</p>	<p>PSHE – Managing Feelings MF1 – Identifying & expressing feelings</p> <p>RSE – Knowing me Trust Different types of relationships Keeping safe online</p>	<p>PSHE – The world I live in WILL4 – Taking care of the environment</p> <p>RSE – Private & Public Where on my body is private Private and public places</p>
Green KS2	<p>PSHE – The world I live in TWIL11 Respecting differences between people</p> <p>RSE – Private & Public Where on my body is private Private and public places</p>	<p>PSHE – Healthy Lifestyle HL – Keeping well</p> <p>RSE – Knowing my body Body parts Gender Baby to adult</p>	<p>PSHE – Self Awareness SA5 – Getting on with others</p> <p>RSE – Knowing me What I can do and what I find hard Trust Different types of relationships Keeping safe online</p>
Indigo KS2	<p>PSHE – Self-care, support & safety SSS2 – Keeping safe</p> <p>RSE – Knowing me Likes and dislikes Families Keepings safe online</p>	<p>PSHE – Healthy Lifestyle HL1 – Healthy eating</p> <p>RSE – Private & Public Where on my body is private Private and public places</p>	<p>PSHE – Self-care, support & safety SSS3 – Trust</p> <p>RSE – Knowing my body Body parts Gender</p>
Purple KS2	<p>PSHE – The world I live in TWIL15 – Belonging to a community</p> <p>RSE – Knowing me Different types of relationships Developing self-esteem Keeping safe online</p>	<p>PSHE – Self-care, support & safety SSS4 Keeping safe online</p> <p>RSE – Private & Public Where on my body is private Private and public places</p>	<p>PSHE – Changing & Growing CG2 – Changes at puberty</p> <p>RSE – Knowing my body Baby to adult Hygiene Changes at puberty</p>
Brown KS2	<p>PSHE – Changing & Growing CG4 – Different types of relationships</p> <p>RSE –</p>	<p>PSHE – Changing & Growing CG3 – Dealing with touch</p> <p>RSE –</p>	<p>PSHE – Healthy Lifestyle HL2 – Taking care of physical health</p> <p>RSE –</p>
White KS2 Pre-formal	<p>PSHE – Managing Feelings MF1 – Identifying & expressing feelings Self Awareness SA4 – People who are special to us SA5 – Getting on with others</p> <p>RSE –</p>	<p>PSHE – The world I live in TWIL11 – Respecting differences between people TWIL12 – Jobs people do TWIL13 – Rules & Laws Healthy Lifestyles HL1 – Healthy eating</p> <p>RSE –</p>	<p>PSHE – Changing & Growing CG2 – Changes at puberty CG3 – Dealing with touch Self-care, support & safety SSS1 – Taking care of ourselves</p> <p>RSE –</p>
Grey KS3	<p>PSHE – Healthy Lifestyle HL5 – Body image</p> <p>RSE – Knowing me Strong feelings Romantic feelings and sexual attraction</p>	<p>PSHE – The world I live in TWIL5 – Managing finances</p> <p>RSE – Touching & allowing others to touch me Personal space Consent Respectful relationships</p>	<p>PSHE – Self Awareness SA1 Personal strength</p> <p>RSE – Knowing me What I like and what I don't like Who I like and who I don't like What I am able to do and what I find difficult</p>
Black KS3	<p>PSHE – Self Awareness SA2 – Skills for learning</p> <p>RSE – Knowing me Strong feelings Romantic feelings and sexual attraction</p>	<p>PSHE – Changing & Growing CG3 – Healthy and unhealthy relationships</p> <p>RSE – Touching & allowing others to touch me Personal space Consent Respectful relationships</p>	<p>PSHE – Managing Feelings MF3 – Romantic feelings and sexual attraction</p> <p>RSE – Private & Public Where on my body is private Private and public places Keeping safe online</p>
Silver KS3 Formal	<p>PSHE – The World I Live In TWIL13 – Taking care of the environment</p> <p>RSE – Touching & allowing others to touch me Personal space Consent Respectful relationships</p>	<p>PSHE – Self Awareness SA4 – Managing Pressure</p> <p>RSE – Private & Public Where on my body is private Private and public places Keeping safe online</p>	<p>PSHE – Healthy Lifestyle HL7 – Drugs, alcohol & tobacco</p> <p>RSE – Knowing me Expectations of relationships/abuse Managing pressure</p>

Gold KS4 Formal	PSHE - Self-care, support & safety SSS4 – Keeping safe online RSE – Touching and allowing others to touch me Personal space Consent Respectful relationships	PSHE - Changing & Growing CG2 – Friendship RSE – Private & Public Where on my body is private Private and public places Keeping safe online	PSHE - The World I Live In TWIL4 - Preparing for adulthood RSE – Knowing my body Intimate relationships, consent and contraception Body image
FEW KS4 Pre-formal	PSHE – Managing Feelings MF1 – Self-esteem and unkind comments MF2 – Strong feelings Changing & Growing CG1 - Puberty CG2 - Friendship RSE –	PSHE – Self Awareness SA1 - Personal strength SA3 – prejudice and discrimination Healthy Lifestyle HL4 – Healthy eating HL5 – Body image RSE –	PSHE – Self-care, support & safety SSS3 – Accidents and risk SSS7 – Gambling The World I Live TWIL1 – Diversity, rights and responsibilities TWIL3 – Taking care of the environment RSE –

ANNEX 2 Curriculum Mapping PSHE / RSHE 2024 (by PSHE Framework Unit)

Units		Autumn			Spring			Summer		
KS1-2										
Self awareness	SA1 – Things we are good at									
	SA2 – Kind and unkind behaviours									
	SA3 – Playing and working together									
	SA4 – People who are special to us									
	SA5 – Getting on with others									
Self-care, support and safety	SSS1 – Taking care of ourselves									
	SSS2 – Keeping safe									
	SSS3 – Trust									
	SSS4 – Keeping safe online									
	SSS5 – Private & public									
Managing feelings	MF1 – Identifying & expressing feelings									
	MF2 – Identifying strong feelings									
Changing and growing	CG1 – Baby to adult									
	CG2 – Changes at puberty									
	CG3 – Dealing with touch									
	CG4 – Different types of relationships									
Healthy lifestyles	HL1 – Healthy eating									
	HL2 – Taking care of physical health									
	HL3 – Keeping well									
The world I live in	TWIL1 – Respecting differences between people									
	TWIL2 – Jobs people do									
	TWIL3 – Rules & laws									
	TWIL4 – Taking care of the environment									
	TWIL5 – Belonging to a community									
	TWIL6 – Money									
KS3-4										
Self awareness	SA1 – Personal strengths									
	SA2 – Skills for learning									
	SA3 – Prejudice & discrimination									
	SA4 – Managing pressure									
Self-care,	SSS1 – Feeling unwell									

support and safety	SSS2 – Feeling frightened /worried									
	SSS3 – Accidents & risk							FWE		
	SSS4 – Keeping safe online									
	SSS5 – Emergency situations									
	SSS6 – Public & private									
	SSS7 - Gambling								FWE	
Managing feelings	MF1 – Self-esteem and unkind comments	FWE								
	MF2 – Strong feelings									
	MF3 – Romantic feelings & sexual attraction									
Changing and growing	CG1 – Puberty	FWE								
	CG2 – Friendship	FWE								
	CG3 – Healthy / unhealthy relationship behaviours									
	CG4 – Intimate relationships, consent & contraception									
	CG5 – Long term relationships & parenthood									
Healthy lifestyles	HL1 – Elements of a healthy lifestyle									
	HL2 – Mental wellbeing									
	HL3 – Physical activity									
	HL4 – Healthy eating					FWE				
	HL5 – Body Image					FWE				
	HL6 – Medicinal drugs									
	HL7 – Medicinal drugs, drugs, alcohol & tobacco									
The world I live in	TWIL1 – Diversity, rights & responsibilities							FWE		
	TWIL2 – Managing online information									
	TWIL3 – Taking care of the environment							FWE		
	TWIL4 – Preparing for adulthood									
	TWIL5 – Managing finances									